

Presented by Mary DeMuth

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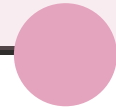
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LAMENT



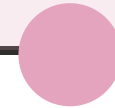
THE POWER OF LAMENT

STRUCTURE



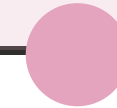
One

**A COMPLAINT ABOUT
A PAINFUL SITUATION,
OR QUESTIONS ABOUT
WHY GOD DOESN'T
SEEM TO BE HELPING.**



Two

**A REQUEST THAT GOD
WOULD ACT ON YOUR
BEHALF**



Three

**A CONFESSION OF
TRUST IN GOD DESPITE
THE CURRENT
STRUGGLE.**

THE POWER OF LAMENT

STRUCTURE



Four

**AN OFFER TO PRAISE
GOD IN THE MIDST OF
THE PAIN**



Five

**AN ASSURANCE THAT
GOD IS IN CONTROL.**

PSALM 13

A PSALM OF DAVID



**O LORD,
HOW LONG WILL YOU FORGET ME?
FOREVER? HOW LONG WILL YOU
LOOK THE OTHER WAY? HOW
LONG MUST I STRUGGLE WITH
ANGUISH IN MY SOUL, WITH
SORROW IN MY HEART
EVERY DAY? HOW LONG WILL MY
ENEMY HAVE THE UPPER HAND?**



**TURN AND ANSWER ME, O LORD MY
GOD! RESTORE THE SPARKLE TO MY
EYES, OR I WILL DIE. DON'T LET MY
ENEMIES GLOAT, SAYING, "WE HAVE
DEFEATED HIM!" DON'T LET THEM
REJOICE AT MY DOWNFALL.**



**BUT I TRUST IN YOUR
UNFAILING LOVE. I WILL
REJOICE BECAUSE YOU HAVE
RESCUED ME.**

PSALM 13

OTHER LAMENT PSALMS:

**3, 6, 7, 13, 30, 34, 43, 44,
51, 52, 60, 74, 79, 102, 137**



I WILL SING TO THE LORD.



BECAUSE HE IS GOOD TO ME.

CREATE ON YOUR LAMENT //

- 1. A complaint about a painful situation, or questions about why God doesn't seem to be helping.**
- 2. A request that God would act on your behalf.**
- 3. A confession of trust in God despite the current struggle.**
- 4. An offer to praise God in the midst of the pain.**
- 5. An assurance that God is in control.**



COMPLAINT

REQUEST

CONFESS

PRAISE

ASSURANCE

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